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## 1 Journey to Dignity and Inclusion

### Methods:

1. Affected Persons-Only Meetings
2. Focus Group Discussions
3. Field Trips

### Reach Summary:

- Total Reached: 123
- Men - 42
- Women - 46
- Youths - 28
- Children - 5



## 2 MENTAL AND PHYSICAL HEALTH RIGHTS FINDINGS

- Limited access to quality health services
- Persistent stigma and discrimination
- Social isolation and limited access to psychosocial support
- Lack or inaccessibility of rehabilitative services or to assistive devices and reconstructive surgery
- Late diagnosis and treatment often leading to disabilities
- Cultural beliefs and inadequate funding for mental health services
- People lack awareness of their rights and often lack legal protection against discrimination
- Weak implementation of the national human rights policy
- Health workers lack awareness and training

## 3 HUMAN RIGHTS & DISCRIMINATION FINDINGS

### Key Results

- Deep-rooted stigma leading to social exclusion
- Fear of stigma and Discrimination leads to a delay in seeking health services
- Lack of a National Identification Card leading to reduced employment and livelihood support opportunities
- Exclusion from disability benefits
- Children face bullying in schools, leading to dropping out
- Many health workers lack proper knowledge about leprosy, leading to poor services

## 4 LESSONS & SOLUTIONS

### Lessons for the World

1. Kenya's Data might be inadequate and requires review
2. Leprosy services are far from being integrated into Primary Health Care
3. People Affected by Leprosy lead low-quality lives with limited access to mental health services.

### Recommendations

1. Strengthen organizations of People Affected and ensure their participation in decision-making platforms
2. Combat Stigma and Discrimination
3. Invest in Sustainable Livelihoods and Social Protection
4. Promote research that prioritizes voices from the ground
5. Guarantee Access to Quality and Inclusive Health Services

## 5 ORGANIZATIONAL NEEDS ASSESSMENT

### Method Used:

- 1 Special Meeting

### Participants:

- 9 Members of Executive Management Committee
- 5 Regional Representatives: Kwale, Kilifi, Homa Bay, Nairobi, Migori
- 1 National Youth Leader
- 1 National Women Leader
- 2 External Experts (Veronica Mukati, Programs Officer Reuben Center & Tom Mzee, Social Services Officer, Ministry Labor and Social Services)



## 6 GAPS & OPPORTUNITIES

### Key Findings:

- The association has no consistent funding to support operations, advocacy, outreaches and livelihood programs for members
- Evidence of weak institutional capacity with low skills in governance, financial management and project implementations
- Members, especially in rural areas, feel underrepresented in leadership and decision-making
- There is very limited data on the needs, rights violations and living conditions of members
- There is limited reach in addressing stigma and creating public awareness.
- Low visibility, weak partnership and networking, especially with other local actors.

## 7 CAPACITY BUILDING PROGRAMS RECOMMENDATIONS

- Strengthening of Leadership and governance through training
- Advocacy and Human Rights Education
- Strengthen internal systems for the sustainability of the organization
- Improve the economic and livelihood of members through entrepreneurship, microfinance and small business development
- Foster solidarity and peer support, especially for mental well-being and the fight against stigma
- Training on proposal writing, donor mapping, networking, and creating strategic partnerships

## 8 WISHLIST BEFORE NEXT ILC

- Meaningful Participation and Representation, especially for Planning and Agenda Setting
- Capacity Building for Delegates, especially on public speaking, advocacy and human rights
- Push for the adoption of resolutions of the Global Forum
- Strengthen Youth and Women's Engagement
- Post Congress Follow-ups