



# Association for IDEA Nepal

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## 1 NEEDS ASSESSMENT 1 OVERVIEW

### The Voices from the Grassroots

#### Methods:

- Focus Group Discussions led by persons affected by Hansen's disease
- Community-based participatory surveys
- Individual interviews with questionnaire

#### Reach Summary:

- Total reached: 244 people
- Women: 59 / Children: 5 / Teenagers: 13 / Older people: 63
- 95% from rural villages / 5% from urban areas



## 2 PHYSICAL AND MENTAL HEALTH RIGHTS FINDINGS

#### Key Results:

- 80% had no access to rehabilitation services
- Mental health services is almost absent in 95% of rural settings
- Stigma prevents many from seeking health and mental care



## 3 HUMAN RIGHTS & DISCRIMINATION FINDINGS

- 80% persons with disabilities reported discrimination in social protection services.
- 70% faced barriers in accessing disability ID cards and benefits.
- 60% reported being excluded from community decision-making processes.
- 90% women with disabilities experienced multiple forms of discrimination.
- 70% children with disabilities are denied access to inclusive education.
- Most public offices are not accessible or welcoming to persons with disabilities affected by Leprosy (Hansen Disease).
- Few local authorities are trained on disability rights and non-discrimination.



## 4 LESSONS & SOLUTIONS



#### Lessons for the World:

- Grassroots Insights Reveal Deep Discrimination: Exclusion, Inaccessible Services, and Weak Policy Implementation
- Harm People with Disabilities — Especially Women and Children

#### Recommendations:

- Inclusive Change Starts Locally: Empower Persons with Disabilities, Train Frontline Workers, Ensure Accessibility, and Monitor for Accountability

## 5 ORGANIZATIONAL NEEDS ASSESSMENT

#### Focus Group Discussions (FGDs) and Community Assemblies:

To explore specific issues such as funding gaps, stigma, and inclusion.

#### Key Informant Interviews (KIIs):

Organization leaders and community stakeholders to gain deeper insights into structural and operational barriers.

#### Participants from the Organization

Executive Board Members : 10 & Staff: 10+ (program, field, data)

#### Community Participants

Persons Affected by Hansen's Disease from local communities: 20

Representatives of Self-Help Groups: 8

Youth with lived experience of Hansen's disease: 6

## 6 GAPS & OPPORTUNITY

#### Key Findings:

- Strong community trust, but limited capacity to design and write fundable projects.
- Lack of core funding makes it hard to sustain operations and staff.
- Committed volunteers, but need for structured training and leadership development.
- Gaps in digital skills and tools, limiting outreach and communication.
- Opportunities to partner with local health centers, but no formal collaboration yet.
- High motivation among youth members, but no youth-focused programs in place.
- Strategic planning is missing — most activities are reactive, not long-term.
- Need for visibility — our stories and impact remain largely undocumented.
- Clear potential to scale, but no monitoring and evaluation system to show results.

## 7 CAPACITY BUILDING PROGRAMS RECOMMENDATIONS

#### Capacity Building and Leadership:

- Training on proposal writing, leadership development and digital literacy is vital for driving organizational sustainability. Financial management and monitoring /evaluation training will help track progress and secure ongoing support. And develop plans for long-term sustainability and growth.

#### Youth and Peer Engagement:

- Youth members should be empowered as leaders, peer learning and involving those affected as trainers not just participants, will increase both Organizational resilience and community engagement.



## 8 WISHLIST BEFORE NEXT ILC

- Stigma-free, quality healthcare for all affected individuals
- Women receive dignified care and equal economic chances
- Inclusive schooling for children from affected families
- Recognition and stable support for local organizations
- National policy on social protection and rehabilitation
- Real community engagement in planning and decision-making
- An end to fear, shame, and misinformation
- Dignity, solidarity, and strength as the new narrative for leprosy

